

What's New with Seasonal Flu?

- **All people 6 months of age and older should get vaccinated against seasonal flu every year.**
- Children younger than 6 months are at high risk of serious flu illness but are too young to be vaccinated. People who care for them should be vaccinated instead.
- Vaccination is especially important for pregnant women and people with chronic diseases.
- The “regular” and “intradermal” flu vaccines offered at the OCHD Flu Clinics protect you against four different flu viruses (strains).
- **Three (3) Choices of Flu vaccine are available from OCHD:**
 1. “Regular” dose injection in the muscle for all people 6 months of age and older
 2. “High-dose” injection in the muscle for people 65 years of age and older
 3. “Intradermal” injection into the skin for people 18-64 years of age

For additional information please visit our website at www.ochd.org or pick up a vaccine information statement at any flu clinic.

(732) 341-9700 or (800) 342-9738 Ext. 7604
TTY (732) 831-6489



Public Health
Prevent. Promote. Protect.

Protect Yourself from the Flu

- Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Avoid touching your eyes, nose or mouth.
- Get your flu shot every year.

OCEAN COUNTY BOARD OF CHOSEN FREEHOLDERS

Joseph H. Vicari, *Director*
Gerry P. Little, *Deputy Director*
John C. Bartlett, Jr.
Virginia E. “Ginny” Haines
John P. Kelly

OCEAN COUNTY BOARD OF HEALTH MEMBERS

John J. Mallon, *Chairperson*
Senator Robert Singer, *Vice Chairperson*
Richard Work, *Secretary-Treasurer*
Carol Blake, RN
Christopher J. Dasti
Maurice “Mo” B. Hill, Jr., D.M.D.
Veronica Laureigh
Henry Mancini
Ruthanne Scaturro

Gerry P. Little, *Freeholder Liaison*

2017



Seasonal Influenza and Pneumococcal Vaccination Sites

The Flu Ends with U!

Influenza and Pneumonia vaccinations are free if enrolled in Medicare Part B.

If not enrolled in Medicare Part B, or you have a Medicare Managed Care Plan, the cost will be \$20.00 (cash or check).

- ✓ Three Choices of Flu Vaccine Available (see inside page)
- ✓ Residents under the age of 65 years need a doctor's recommendation for pneumonia vaccination.
- ✓ No registration is required.

**All sites open to residents
6 months of age and older.**

Barnegat

10/5/17 Thursday 5:00 PM - 7:00 PM
Barnegat Library
112 Burr Street

10/25/17 Wednesday 10:00 AM - 12:00 PM
Brighton at Barnegat – Clubhouse
35 Brighton Rd*

Bay Head

9/23/17 Saturday 8:00 AM - 12:00 PM
Bay Head Fire Department
81 Bridge Ave*

Beachwood

10/27/17 Friday 10:00 AM - 12:00 PM
Borough of Beachwood - Community Center
147 Compass Ave*

Berkeley

10/11/17 Wednesday 5:00 PM - 7:00 PM
Berkeley Library
30 Station Rd

Berkeley-TR

9/20/17 Wednesday 10:00 AM - 12:00 PM
Holiday City Carefree- Clubhouse
98 Bananier Dr*

9/22/17 Friday 10:00 AM - 12:00 PM
Silver Ridge Park West - Clubhouse West
145 Westbrook Dr

10/11/17 Wednesday 9:00 AM - 11:00 AM
Holiday City West - Clubhouse
45 Cabrillo Blvd

10/17/17 Tuesday 10:00 AM - 12:00 PM
Holiday City South - Clubhouse South
139 Santiago Dr

Brick

10/1/17 Sunday 10:00 AM - 12:00 PM
Brick Presbyterian Church - Family Life Center
111 Drum Point Rd*

10/4/17 Wednesday 10:00 AM - 12:00 PM
Princeton Commons- Clubhouse
71 Brushy Neck Dr

10/10/17 Tuesday 10:00 AM - 12:00 PM
Lions Head North- Clubhouse
200 Courtshire Dr

Jackson

9/26/17 Tuesday 10:00 AM - 12:00 PM
Greenbriar Winding Ways - Community Clubhouse
81 N. Baker Dr

10/18/17 Wednesday 10:00 AM - 12:00 PM
Melvin Cottrell Center
45 Don Connor Blvd

Lacey

10/5/17 Thursday 10:00 AM - 12:00 PM
The Church of Saint Pius X
300 Lacey Rd*

Lakewood

10/7/17 Saturday 12:30 PM - 4:30 PM
New Life Christian Center
211 East 4th St*

11/8/17 Wednesday 5:00 PM - 7:00 PM
Lakewood Library
301 Lexington Ave

Lavallette

10/26/17 Thursday 10:00 AM - 12:00 PM
Lavallette First Aid Squad Building
Bay Blvd & Washington Ave

Little Egg Harbor

9/19/17 Tuesday 10:00 AM - 12:00 PM
Little Egg Harbor Twp.- Municipal Building
665 Radio Rd

11/15/17 Wednesday 5:00PM-7:00PM
Little Egg Harbor Library
290 Mathistown Rd

Manchester

9/19/17 Tuesday 10:00 AM - 12:00 PM
Crestwood 2 Somebody Cares- Harmony Hall
470 Route 530

9/21/17 Thursday 10:00 AM - 12:00 PM
Cedar Glen Lakes- Lakeside Hall
100 Michigan Ave

10/13/17 Friday 10:00 AM - 12:00 PM
Whiting United Methodist Church
55 Lacey Rd*

10/25/17 Wednesday 1:00 PM - 3:00 PM
Cedar Glen West- Recreation Hall
Robin Ln

10/31/17 Tuesday 10:00 AM - 12:00 PM
Cedar Glen Homes - Recreation Hall
1848 Ridgeway Rd*

Ocean Gate

10/27/17 Friday 1:00 PM - 3:00 PM
Borough of Ocean Gate- Municipal Building
801 Ocean Gate Ave*

Plumsted

9/27/17 Wednesday 10:00 AM - 12:00 PM
Plumsted Township- Municipal Building
121 Evergreen Rd

Point Pleasant

10/19/17 Thursday 10:00 AM - 12:00 PM
Senior Beehive at St. Martha's Church
3800 Herbertsville Rd

Point Pleasant Beach

10/16/17 Monday 10:00AM – 12:00PM
Borough of Point Pleasant Beach- Fire Company No. 2
614 Laurel Ave*

10/31/17 Tuesday 3:00 PM - 5:00 PM
Point Pleasant Beach Library
710 McLean Ave

Stafford

9/28/17 Thursday 10:00 AM - 12:00 PM
Atlantic Hills- Clubhouse
98 Atlantic Hills Blvd

10/3/17 Tuesday 1:00 PM - 3:00 PM
Stafford Twp.- Ocean Acres Community Center
489 Nautilus Dr*

11/1/17 Wednesday 10:00 AM - 12:00 PM
Southern Ocean Resource Center
179 South Main Street*

Toms River

9/21/17 Thursday 10:00 AM - 12:00 PM
County Connection (Ocean County Mall)
1201 Hooper Ave*

10/3/17 Tuesday 10:00 AM - 12:00 PM
Ocean County College- Health Science Building
1 College Dr

10/5/17 Thursday 1:00 PM - 3:00 PM
Shenandoah Commons
2405 Mt. Hood Ln

10/12/17 Thursday 10:00 AM - 12:00 PM
Toms River Twp.- Senior Center
652 Garfield Ave

10/18/17 Wednesday 5:00 PM - 7:00 PM
Toms River Library- Green Room
101 Washington St

10/19/17 Thursday 10:00 AM - 12:00 PM
County Connection (Ocean County Mall)
1201 Hooper Ave*

11/9/17 Thursday 10:00 AM - 12:00 PM
St. Justin's Church
975 Fischer Blvd

11/16/17 Thursday 10:00AM-12:00PM
County Connection (Ocean County Mall)
1201 Hooper Ave*

Tuckerton

10/24/17 Tuesday 10:00 AM - 12:00 PM
Tuckerton Seaport- Hunting Shanty
120 W Main St

Waretown

10/20/17 Friday 10:00 AM - 12:00 PM
Ocean Twp- Community Center
239 11th St

** Clinic sites offering Live Healthy Ocean County! chronic disease screening services (i.e. blood pressure, stroke risk, glucose, cholesterol, and pulse ox)*

Flu / Pneumonia Clinics at the Ocean County Health Department (OCHD)

OCHD Northern Site (Lakewood) – 1771 Madison Ave

10/4/17	Wednesday	5:00 PM – 7:00 PM
10/13/17	Friday	1:30 PM – 3:30 PM
11/9/17	Thursday	5:00 PM – 7:00 PM
11/22/17	Wednesday	5:00 PM – 7:00 PM

OCHD Southern Site (Stafford) – 333 Haywood Rd

10/12/17	Thursday	4:00 PM - 6:00 PM
10/26/17	Thursday	4:00 PM - 6:00 PM
11/9/17	Thursday	4:00 PM - 6:00 PM

OCHD Main Site (Toms River) – 175 Sunset Ave

9/14/17	Thursday	1:00 PM - 3:00 PM
9/18/17	Monday	4:00 PM - 7:00 PM
10/2/17	Monday	4:00 PM - 7:00 PM
10/5/17	Thursday	1:00 PM - 3:00 PM
10/16/17	Monday	4:00 PM - 7:00 PM
10/19/17	Thursday	1:00 PM - 3:00 PM
11/2/17	Thursday	1:00 PM - 3:00 PM