

# TIDES PLUS

by Ed Bitzer

for Lavallette Beach

@ 39°58.2'N 74°04.0'W

For July 2016  
Time (Daylight Saving Time) and Height (feet)

DATE	LOW				HIGH				SUN		MOON
	AM		PM		AM		PM		Rise	Set	
07/01	F	11:17am	-0.3			05:02am	4.5	05:32pm	5.4	5:30am/8:31pm	
07/02	S	12:10am	-0.2	12:11pm	-0.3	06:03am	4.6	06:28pm	5.6	5:30am/8:31pm	
07/03	S	01:05am	-0.4	01:05pm	-0.4	06:59am	4.8	07:20pm	5.7	5:31am/8:31pm	
07/04	M	01:57am	-0.6	01:58pm	-0.3	07:52am	4.9	08:09pm	5.7	5:31am/8:30pm	
07/05	T	02:47am	-0.6	02:49pm	-0.2	08:43am	4.9	08:58pm	5.5	5:32am/8:30pm	
07/06	W	03:34am	-0.5	03:37pm	-0.1	09:34am	4.8	09:46pm	5.3	5:33am/8:30pm	
07/07	T	04:19am	-0.4	04:23pm	0.2	10:25am	4.7	10:35pm	5.1	5:33am/8:30pm	
07/08	F	05:01am	-0.1	05:09pm	0.4	11:16am	4.6	11:24pm	4.7	5:34am/8:29pm	
07/09	S	05:44am	0.1	05:56pm	0.6			12:06pm	4.4	5:35am/8:29pm	
07/10	S	06:28am	0.4	06:48pm	0.9	12:12am	4.4	12:53pm	4.4	5:35am/8:28pm	
07/11	M	07:15am	0.6	07:46pm	1.1	12:58am	4.2	01:40pm	4.3	5:36am/8:28pm	
07/12	T	08:07am	0.7	08:47pm	1.1	01:45am	4.0	02:26pm	4.3	5:37am/8:27pm	
07/13	W	09:00am	0.8	09:44pm	1.0	02:34am	3.8	03:14pm	4.3	5:37am/8:27pm	
07/14	T	09:50am	0.8	10:36pm	0.8	03:26am	3.7	04:04pm	4.4	5:38am/8:26pm	
07/15	F	10:38am	0.7	11:24pm	0.6	04:22am	3.7	04:55pm	4.5	5:39am/8:26pm	
07/16	S	11:25am	0.6			05:18am	3.8	05:44pm	4.7	5:40am/8:25pm	
07/17	S	12:11am	0.5	12:11pm	0.5	06:09am	4.0	06:29pm	5.0	5:41am/8:24pm	
07/18	M	12:57am	0.3	12:58pm	0.4	06:54am	4.0	07:11pm	5.1	5:41am/8:24pm	
07/19	T	01:42am	0.1	01:44pm	0.3	07:37am	4.2	07:51pm	5.2	5:42am/8:23pm	
07/20	W	02:26am	-0.1	02:30pm	0.2	08:18am	4.4	08:32pm	5.3	5:43am/8:22pm	
07/21	T	03:08am	-0.2	03:14pm	0.1	09:00am	4.5	09:14pm	5.2	5:44am/8:21pm	
07/22	F	03:50am	-0.3	03:59pm	0.1	09:45am	4.6	10:00pm	5.2	5:45am/8:21pm	
07/23	S	04:31am	-0.3	04:45pm	0.2	10:34am	4.7	10:50pm	5.1	5:46am/8:20pm	
07/24	S	05:14am	-0.3	05:36pm	0.3	11:26am	4.8	11:45pm	4.9	5:47am/8:19pm	
07/25	M	06:00am	-0.1	06:35pm	0.5			12:21pm	4.9	5:48am/8:18pm	
07/26	T	06:55am	0.0	07:44pm	0.6	12:41am	4.7	01:16pm	4.9	5:48am/8:17pm	
07/27	W	07:57am	0.1	08:55pm	0.5	01:38am	4.6	02:12pm	5.0	5:49am/8:16pm	
07/28	T	09:02am	0.2	10:01pm	0.4	02:38am	4.4	03:12pm	5.1	5:50am/8:15pm	
07/29	F	10:04am	0.1	11:00pm	0.2	03:42am	4.3	04:14pm	5.2	5:51am/8:14pm	
07/30	S	11:02am	0.0	11:55pm	-0.1	04:47am	4.4	05:16pm	5.2	5:52am/8:13pm	
07/31	S	11:56am	-0.1			05:49am	4.5	06:13pm	5.4	5:53am/8:12pm	