

32nd Annual Mid Summer Mile Lavallette Ocean Swim

Coordinated by the Ocean County YMCA and the Lavallette Beach Patrol

Saturday, August 6, 2016



EVENT: One-Mile Open Championship

Registration/Check-in: 6:30 - 7:45 am at the beach pavilion on Philadelphia Avenue and Ocean.

- Competitors may register the morning of the swim but will not be guaranteed a t-shirt or gift bag. Additional t-shirts CANNOT be ordered

You may register online at

<http://www.lavallette.org/beach/mileswim.html>

<http://www.ocymca.org/get-involved/mid-summer-mile-ocean-swim>

<http://www.ichipusa.com/events.php?eventid=10389>

- All competitors (or Parent/Guardian if under 18) must sign a liability release form at the time of event registration/check-in on day of the race.
- Wet suits are permitted and declaration must be marked on application and reconfirmed at check-in. Wet suit swimmers will not be eligible for awards.

Race Start: 8:00 am

Course: Non-escorted swim, Conducted in 61-70 F (16.1-21.1 C) ocean course South-to-North or North-to-South, depending on race day conditions and determined by Race Director. Cancellation of swim will be determined by the Lifeguard Captain in the event of inclement weather and/or unsafe ocean conditions.

Timing: Electronic timing will be used and provided by Prestige Athletics. Each swimmer will wear an electronic timing chip on a wrist bracelet to automatically record their time.

Fee(s): **PAYABLE TO THE Lavallette Boosters Association**
\$20.00 - Pre-registration (**Must be received by July 30, 2016**)
\$25.00 - Day of Swim
******There will be no refunds******

Awards: Medals will be awarded to the Top 3 Male and Top 3 Female in each age group contested for each division
OPEN - 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

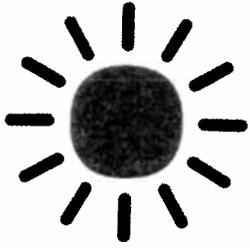
Light Refreshments: Light refreshments will be served immediately after the swim.

Registration contact and address:

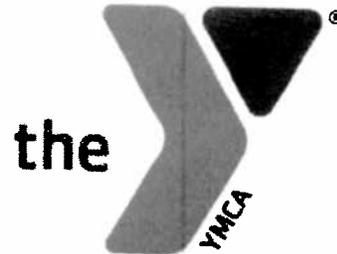
Justin Alsobrooks, Lavallette Beach Patrol Boosters Association,
P.O. Box 222, Beachwood, NJ 08722,
732 793 2566 or btormollan48@gmail.com

Janet Sellitto, Ocean County YMCA,
732 341 9622 ext 2214 or jsellitto@ocymca.org

Directions: Garden State Parkway to Exit 82 (Seaside Heights), Continue on Route 37 East over the bridge. Keep toward the left onto Route 35N. Continue on Route 35N to Philadelphia Ave., turn right toward the beach. Arrive early - local street parking is limited.



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LIABILITY/PUBLICITY RELEASE: (failure to sign in with date will delay processing of your application.) Please accept my entry in the 2016 Mid Summer Mile Ocean Swim. I hereby state that I have conditioned myself to participate in this event. I myself, my executors, administrators and assignees, do hereby release and discharge the Ocean Swim Committee, Ocean County YMCA, Lavallette Beach Patrol, officials, sponsors and volunteers from any and/or all claims or liabilities from damages or injuries occasioned by my participation in the 2016 Ocean Swim. Further, I grant to all foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

DATE _____ SIGNATURE _____

PLEASE PRINT

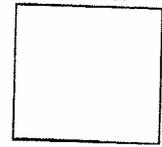
Please make checks payable to:

Lavallette Beach Patrol Boosters Association • P.O. Box 222 • Beachwood, NJ 08722

Official Use

ALL FIELDS MUST BE COMPLETED FOR AN ELIGIBLE APPLICATION

PLEASE NEATLY PRINT



T-Shirt: S M L XL XXL

Sex: M F

Wet Suit Worn _____

Age on race day: _____

Birthdate: _____

Last Name: _____ First Name: _____

Street: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____